## Introducing the SRPR Illinois Poet: Tara Betts



Photo by GlitterGuts

Dr. Tara Betts is the author of *Refuse to Disappear* (Word Works Books, 2022), *Break the Habit* (Trio House Press, 2016), and *Arc & Hue* (Willow Books, 2009). In addition to working as an editor, a teaching artist, and a mentor for other writers, she has taught at several universities. She was the Inaugural Poet for the People Practitioner Fellow at University of Chicago and founder of Whirlwind Learning Center and is currently an Artist in Residence at Northwestern University. Tara can be found on twitter at @tarabetts.

## **Broken Silence**

After we were told stay indoors, my neighborhood turned so silent. My ears rang in the quiet. My upstairs neighbor's footsteps creaked above my ceiling. Her cat's thud to the floor, or an occasional door outside my apartment closed. Someone bottled all the laughter and weekend party music heavy on the air around my block, where Llive on the first floor and hear my neighbors exit and enter like I'm the nosy old woman peeking out of a window or sitting on my porch while wearing an old green sweater and sipping coffee.

My short haircut grew out about a month ago, lacking a stylist's snips and touch—
Touch sounds like some ancient technology that I explain to teens, like LPs, rotary phones, dial-up, or god forbid, stamps, but this is about sound. Its absence filled the empty funnels of my ears while I sat in my living room and watched some unmemorable television show to drown out feeling some warm, raw egg of grief breaking open in my chest. While I sat there, trying not to count the dead, worry the rent,

or wonder if I will have enough food to last, I heard glass shatter just beyond my porch.

For seconds, the crash of breaking glass meant someone's getting cut, or their house being raided, or the shit is about to pop off, and there's no graceful metaphor when thumping feels faster beneath my collarbone. I look around because I have no guns, nothing like my father's rifle cabinet to keep my own windows intact.

I take a breath and peek through the blinds' slats. There is a girl crouched low and holding potted plants. Her two tiny succulents have been salvaged from ceramic fragments and loose soil. She cradles them while talking into a cell phone.

When I step onto my porch, I explain
I heard you. I wanted to make sure everything's OK.
I heard breaking glass.
She blusters and blushes a bit.
Her friend is coming, but I know she has no idea what terror bears its teeth from broken glass, whether it be theft or death.
My breath gets deeper when I go back inside, but I think of how loud a broken silence is.

## Surinam Toads Born from a Mother's Back

the flip and the flail on star-tipped fingers, the somersaults spun until eggs expel swiftly caught by the toad fertilizing the orbs clustered skinless grapes that adhere to a birth mother's back, glued to her slick pond self, opening large pores, blanketing a layer of skin over dozens of embryos.

she is the host, where the restlessness seethes a roiling pot of tadpoles kicking and pushing, a throng of legs bent propulsion from her, the first starting block in the race for survival.

when the babies break the veneer of her back she molts that mother body, pale and aging parchment, a remnant of that dense rupture where a tiny live brood emerges whole, a riff off Athena's skull outnumbered by nature's prolific eggs.

as she swims away toward more somersaults, recalls hundreds of star-fingers prodding her organs and skin, pushing inward and out, a heave that she follows and may not understand.

## The Animals Are Tired

The animals are tired of humans taking up too much space. Tired of leashes and gates as tiny prisons, pollution floating in the air and water, litter that smacks them in the face, plastic cutting their throats and bursting their stomachs. They don't speak languages that humans understand so humans ignore them, talk over them, tell them to learn to speak human. Animals understand cages and humans who enjoy caging.

Is anyone surprised when swans and dolphins returned to the waterways of Venice when cloudy filth and people disappeared? Goats gallivant on London streets and attack bushes like young punks fueled by The Clash. Elephants in China brunch and nap in fields, intoxicated on peace and corncobs. The rhinos are still hunted on the continent, and how unsurprising is it that even the animals in South Africa get no reprieve with tourists bringing in money to keep the poachers at bay. Where are the rhinos' allies then?

Recall how humans take too much space, how many times white people have crowded out notwhite people like animals, so we can't party, eat, sleep, drink, breathe, talk on a phone, or stand in our own living rooms. How people cannot talk without someone interrupting or mussing your hair, or fur, with breath. Yes, animals understand humans taking up too much space better than some humans.